

# Cat Affairs



SUMMER 2005

THE JOURNAL FROM THE CAT PROTECTION SOCIETY OF NSW



- Summer Cat Care
- Overweight Cats
- Cats in the City



ACN 001 604 815

Registered Office and Postal Address:

103 Enmore Rd Newtown 2042

Welfare Office: Ph 9519 7201 Fax: 95578052

Adoption Centre: Ph 95574818

Website: catprotection.org.au

E-mail: info@catprotection.org.au

Opportunity Shop:

87 Enmore Rd Newtown 2042, Ph 9516 2072

**Patron**

Professor Charles Birch,  
FAA

**OFFICE BEARERS**

**President**

Mrs Nita Harvey

**Vice President**

Ms Suzanne Jenkins

**Secretary**

Ms Lynda Gordon-Squires

**Councillors**

Ms Angelika Elliott  
Ms Rhonda House  
Mr Keith Edwards  
Ms Danielle van den Bosch

**STAFF**

**Executive Officer**

Cate Kerr

**Adoption Centre  
Manager**

Tara Dethridge

**Office Coordinator**

Jasmin Cox

**Customer  
Service Officer**

Amy Karp

**Adoption Centre Staff**

Georgina Smith  
(Assistant Cattery  
Manager)  
Sascha Perry  
Andrea Watkins  
Rebecca Boulton

**Welfare Officers**

Nerida Atkin  
Charmaine Best  
Vanessa Williams

**Journal Editors**

Cate Kerr  
Jasmin Cox

**Journal Art & Design**

Clare Rickell-  
Black Moggie Graphics

**Honourary Life  
Members**

Mrs J Chapman  
Mrs S Cozens  
Mrs H Dockrill  
Miss E Easton  
Miss P Gauley

Mrs J Graham  
Mr W Graham  
Mrs N Harvey  
Mrs N Iredale OAM  
Mrs E Larsen  
Mrs S Pikler  
Mr J Thatcher  
Miss J Tomkin  
Dr PJD Waters  
Mr K Edwards  
Ms S Jenkins  
Mrs A Elliot

**Life Governors**

Mrs ME Andriotis  
Mr S Andriotis  
Mrs F Best  
Prof C. Birch  
Dr I Bownes  
Mrs L Braby  
Mrs DM Breust  
Miss A Carolan  
Mrs M Chambers  
Ms G Cottle  
Mrs S Cozens  
Dr MD Cridland  
Mr Cummings  
Mrs AM Dorward  
Mrs A Elliott  
Mrs A Galbraith  
Dr JH Hirshman AM  
Ms J Holdup  
Mrs N Iredale OAM  
Dr R Lloyd-Williams  
Miss L Loveday  
Mrs V McLeish  
Mrs J Nelson  
Ms DM Podesta  
Miss D Silins  
Ms C Smith  
Mrs S Pickler  
Miss E Strachan  
Mr W Tiley  
Mrs S Watson  
Mr PJ Weir  
Ms J Lewis  
Ms K Fabisewski

**Front, Back Covers and  
some generic pics:**

Photographs Courtesy  
of Marcus Mok

The Cat Protection Society  
would like to thank the  
volunteers who kindly give  
their time and skills to help  
produce this journal

**NOTE:** The views in this  
journal are those of  
individuals and not  
necessarily those of CPS.  
Mention of a product or  
service does not constitute  
an endorsement by CPS.

# Council Report

By Nita Harvey

Dear Members,

**O**ur Open Day  
on 9th October  
was a huge  
success with  
approximately 250  
people attending. The  
dedication of the staff  
and carers was  
commented on by members  
and non members alike.



The Op Shop was open and there were many favourable remarks for both the cattery and the Op Shop. A big thankyou to the staff and the volunteers who worked so hard to make the day such a success.

Our new Executive Officer, Cate, has settled in well and is contributing to the effective running of CPS.

With so many new mothers and kittens and orphan kittens coming into our care already we are in for a busy summer. Keeping these cats and kittens healthy is our main priority so they can go happily to their new homes.

The AGM on 29th October saw councillors voted in for another year. The council work toward the financial health of the society and the welfare of all our feline friends. We also promote through advertising and promotions, the need for desexing and general care of all cats and kittens.

I would like to take this opportunity to say thankyou to the council of 2004-2005 for their application to the many and varied tasks undertaken during this time.

Christmas will soon be upon us, Cat Protection wish all our members and their families a very happy and safe yuletide.

Yours Sincerely,

NITA HARVEY  
PRESIDENT

# Contents

Page 2	Society Details
Page 2	Council Report
Page 4	Scratching Post
Page 5	Scratching Post
Page 6	Office Tails - Open Day
Page 7	Cats in the City
Page 9	Ask the Cattery Manager
Page 10	Cats 4 Kids
Page 11	A Home for Maree?
Page 12-13	Fat Cats
Page 14	Op Shop Report
Page 15	Donations & Sponsorships
Page 16	Book Review
Page 16	Membership Form
Page 17	Your Cats Life
Page 18	Summer Cats
Page 19	Christmas Cat Stuff!

# Volunteer Spotlight

*Rosemary Fanning*



**R**osemary Fanning has been volunteering at the Cat Protection Adoption Centre for the past 6 months. She spends 3 days a week teaching English to International students.

Rosemary has a ginger cat at home named "Sufi" and after coming to the conclusion that she likes cats better than people, she decided that volunteering at Cat Protection was a good way to spend one of her days off.

Sufi is a very independent cat who is not always very affectionate, so Rosemary gets her weekly fix of feline cuddles by volunteering at Cat Protection. Rosemary comes in once a week on a Thursday for 4 hours. She assists in socialising Adoption Centre cats, cleaning and feeding, and even undertakes the most unpleasant task of all, the cleaning of the litter trays!

Rosemary has always adored cats and enjoyed having contact with them. She says that coming to CPS each week provides an opportunity to transfer her love of cats into a practical form of caring for homeless cats and supporting the team of people here who are responsible for re-homing them.

Apart from 'interacting' with the cats and enjoying their different personalities, she really enjoys the relaxed, easy-going atmosphere at the cattery. She says that as a volunteer she always feels welcomed and appreciated by the staff here.

Rosemary has been a wonderful asset to our Thursday volunteer team, and the time she spends socialising with the cats (and cleaning the occasional litter tray) is an invaluable asset to Cat Protection. 🐾

# Scratching Post

## Rehomed cats

### Hi everyone:

Just a short email to let you know about Detective, now known as NACHO. It has been 4 weeks since Nacho came home; he is my best friend ever...! Nacho seems very happy and adjusted to my life and routine, as well I have adjusted to his. He follows me all the time and demands his food, but also he is very playful and loves to watch a good movie sitting next to me. I am really great full I have found Nacho in my life, and thank you for your wonderful job.

Regards  
CARLOS

### Hi there to all our friends at the Cat Protection Society.

Well, we've now had 2 months to sort these humans out as to who owns what in this household - as you can see - the bed is O U R S!!!!!!

The food is good, the attention and affection is pretty darn good too, with an occasional adventure out into the yard for explorations to break the boredom of a whole house and play gym to us.

Being a female, Mamselle is of course the chatterbox, a guy just can't get a word in edgewise - but I do have to assert my seniority from time to time and playtime can be quite amusing, especially when the humans think they are smarter/faster than we are, hugh.....

Anyway, we are now going to sit in the sun as it streams in through the glass doors and watch the birds in the garden and dream.....

MAMSELLE & PARIS MORSE.

### Hey there!

Hope all of you are doing well... thought I'd let you know how Arnold's doing! He's settled in really well and has been an absolute gem. Really fun to play with and all my friends are raving about how handsome he is ... I've changed his name to Mr Jangles... cos he just gets so excited at jangly cat toys... and that's him on his new scratching post going absolutely ballistics... and also some of him snoozing.

Best Regards, SHING

I am writing to tell you how much we appreciate your introducing us to Mystery and Shadow, who we adopted almost 12 months ago. They have brought us so much joy and pleasure and are two beautiful loving happy cats. A couple of quick notes to pass on to potential cat adoptees....



1. Don't get one cat, get two! Both my husband and I work and rather than leave one cat alone, we decided to adopt two to keep each other company while we aren't home. This has turned out to be a great idea and as you can see in the photos the cats are great friends, and look very cute together.
2. Our cats are more than content living inside our small apartment. They enjoy supervised trips onto our balcony and like to watch out the window but don't show any desire to venture further. We also feel this is a good way to protect the native fauna the cats might otherwise kill.
3. Consider re-homing an adult cat. Our cats were about two when they came into our home and have adjusted very well and very easily. Although kittens are cute, our cats were already toilet trained and house trained so didn't climb curtains, destroy couches, climb on kitchen benches or cry when we went out.

It has been an absolute delight getting to know our two beautiful cats as there confidence developed and personalities grew and we absolutely love sharing our lives with them. We are moving to Queensland soon but will continue to support the Cat Protection Society in appreciation of the great work that they do.

WITH MANY THANKS AND CUDDLES,  
LAUREN AND BEEN

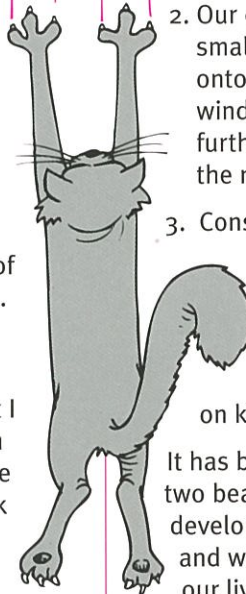
### Hi Tara,

Sorry it's taken so long but thank you for all your help! We have our lovely new kitten "Tru", have attached a picture and our favourite picture of our very missed and loved "Page".



Thank you all once again!

FROM CHRIS & KYLIE  
PICKFORD (AND TRU)



# Scratching Post

## Rehomed cats

### Hey Guys

I promised I would send pics of our little boy : CALVIN.

He has been with us for 3 weeks now and he has really settled in well. He has not once pooped on the carpet, straight to the litter tray. We have an average size balcony; we have just started to allow him to play with his toys on there - supervised though.



He is really fit and seems to be happy, although he loves to claw everything and the meowing OMG, I don't think I could handle a real child haha.

We are extremely happy with our little baby boy. Thank you.



### Hello Everyone,

Just a little note to let you all know, I'm settling nicely into my new home. I have lots of toy's, a big pot of cat-nip & some yummy cat grass to chew on. Thank you for taking good care of me, hope you find loving homes for all of my Meowie cat friends :)

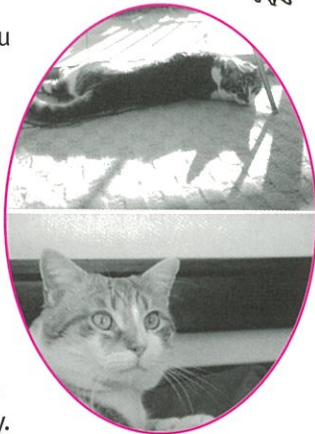


Take care,  
LOVE MIMI  
MEOW, PURR, PURR

### Hello everyone,

We thought we would let you know how Sam is going. He has been with us just over a month now and he is doing wonderfully. After some initial shyness he is now very comfortable in his new home and he doesn't hesitate to let us know when it is time for play, a cuddle or (most importantly!) a meal. He is a lot of fun and great company.

Thanks for all your great work.



Regards,  
MEGAN AND BEN.

Chantik and Mishi are the sweetest and most adorable female kittens. I adopted them from the Cat Protection Society of NSW. They love each other very much and are very affectionate with each other and humans they like.



Chantik is 8 weeks older than Mishi and much bigger. They spend most of their time together sleeping, playing, exploring, climbing, and chasing anything that moves that is not too scary. Unfortunately Mishi is crazy about catching skinks.

Chantik was very excited when she first arrived at her home. She disapproved of the way books were arranged in two bookcases so she pushed them out onto the floor demanding that I rearrange them. The first time Mishi was outside she scaled the trunk of a massive blue gum to a height of 3 metres. She hung on like a koala. It was nerve racking watching her descent.

Chantik and Mishi enjoy the freedom the cat door gives them during the daytime to go in and out of the house. At night they sleep inside on the bed or chair of their choice. Once familiar with people they are friendly but otherwise they are cautious and hide.

Thank you for giving me the opportunity to adopt such absolutely beautiful kittens and for the wonderful work you do for cats.

JOAN LINDSAY

### Hi Tara,

Hope you're well. About a year ago we adopted Abla after fostering him and his two brothers. He was a bit of a sickly little kitten and spent a night back at CPA for you guys to check him out. Anyway, he was so affectionate as a kitten I remember you saying that you wanted to see what he would be like when he was bigger. Have attached a photo. He's an odd cat, but still very, very ridiculously affectionate. I still adore him, he's so special! Buzz and Zeus are really good too, they're all quite different, but very healthy and very happy.

Hope everything is going well at CPS. I noticed Kate is now the EO, so pass on Congratulations to her!

KRISTIE (AND JOHN)

To contribute to "Scratching Post" email us at:

[info@catprotection.org.au](mailto:info@catprotection.org.au)

or mail to: 103 Enmore Road, Newtown 2042

# Office Tails

Cate Kerr Executive Officer

## Open Day 2005

**W**ell, we had a nice couple of quiet weeks and then it hit us, kitten season has begun! All this sunshine has meant that as early as the start of

September, mums started coming through the door with their kittens. Some of the mothers and kittens have been lucky enough to be placed into our "Mother and Kitten" rearing room.



The Open Day was very successful again this year. Run in conjunction with the Great Big Animal Open Day for World Animal Day, it was a fantastic day. It is a great opportunity for members and supporters to see how their donations and continued support is being used to fund our operations.

Not only did the public get a chance to meet all of our lovely cats and kittens, but we also tried to promote the concept of early age desexing. Pushing the idea of desexing is particularly important this time of year, when our staff and volunteers see the results of people waiting too long to get their cats desexed.

Thank you for all the support shown for our "Special Case Cat Fund". We have already raised over \$4000, and this money is already being used to assist some special cats that have come into our care. There will be an article on the results in the next journal.



### Helpers and Sponsors

I would like to take this opportunity to say a big thank you to all our supporters without whom we would not be able to assist the huge numbers of cats that come to us every year.

Since February this year we have been lucky enough to have the support of Hills Science Diet. All cats and kittens that come to us

are provided with Hills Science Diet free of charge. This

is not only a massive savings for us, but also allows us to feed the cats and kittens a premium diet. (They have even come to the party recently with the supply of some Science Diet Light for the tubby cats.)

There are also a number of people who assist us at cost or no cost with design and artwork for our journal.

These include;

**Clare Rickell** from **Black Moggie Graphics** (design and artwork)

**Elena Clark** from **Pomegranate Production** (printing)

**Judith Martinez** (design)

**Alisha Stanley** (design)

**Marcos Mok** (photography)

**Diana Salam** (design)

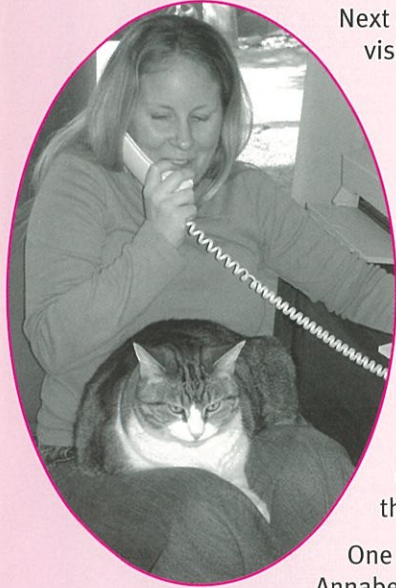
A big thank you to all these people whose work helps us help the cats! 🐾



# Cats in the City

Georgina Smith Assistant Cattery Manager

Next article, Georgina will be visiting Glebe



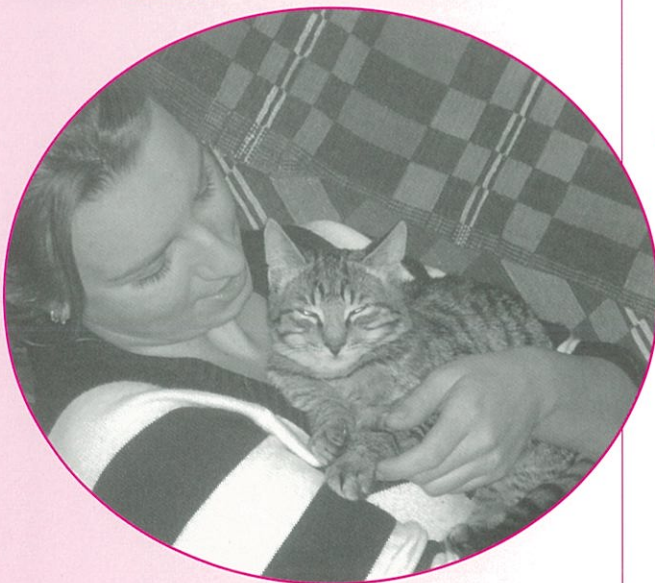
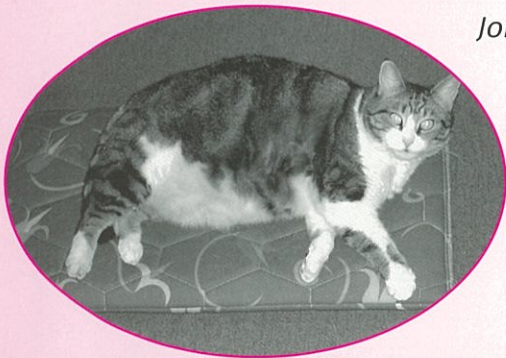
## 1. Piggles

No article on the Cats of Marrickville would be complete without Piggles the cat at Tower Fasteners in Fitzroy St.

She wandered in as a stray many years ago and has become a local celebrity, admired by all the customers.

One of the shots is her in Annabel's lap - her favourite perch. Annabel has difficulty in answering the phone and Piggles looks as though she objects to being disturbed.

Regards,  
JOHN RICH. (LIFE MEMBER)

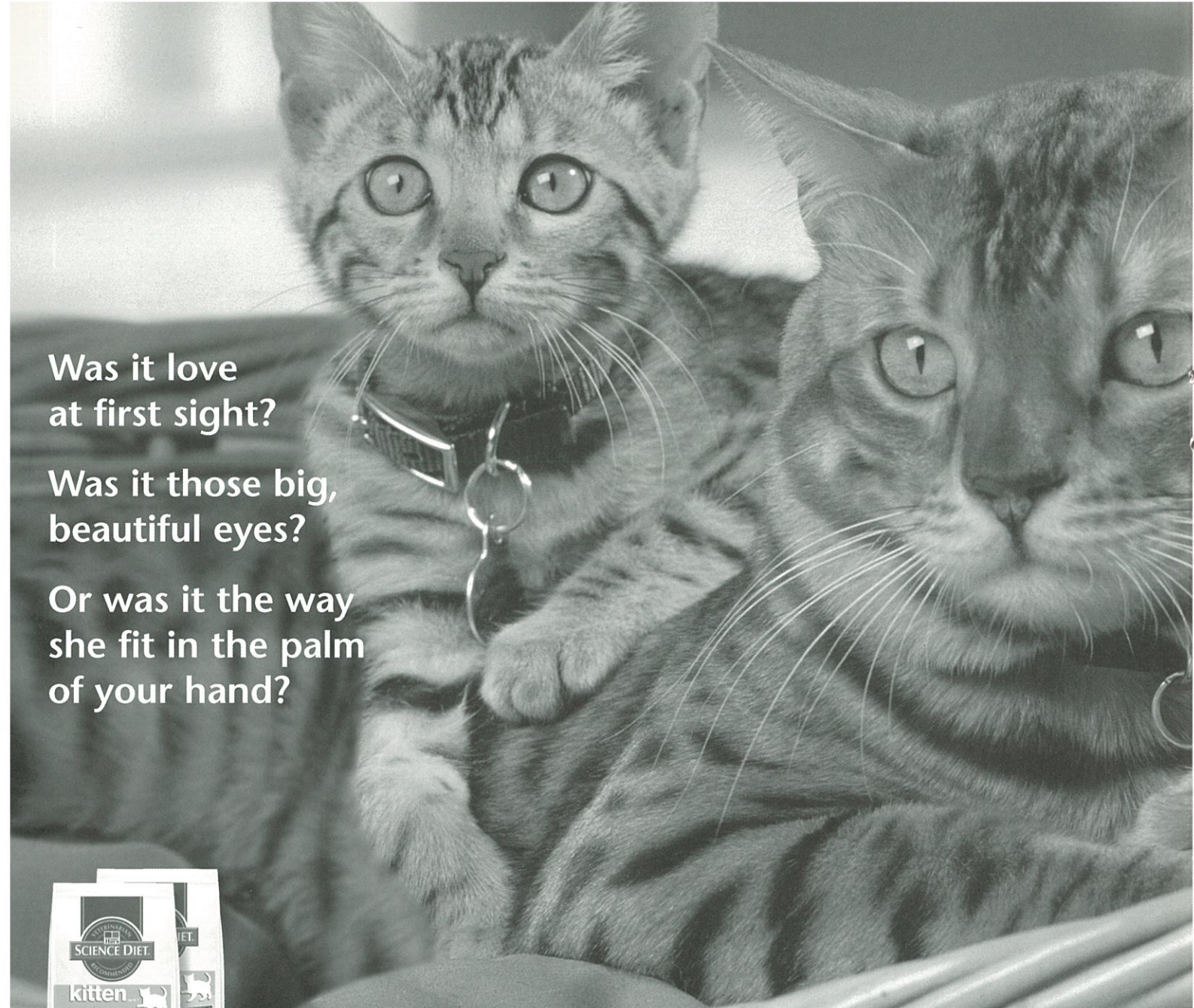


## 2. Asparagus

Asparagus is another neighbourhood cat that lives in Marrickville. She has reached the ripe old age of 10, and doesn't venture far from home these days. Her favourite thing in the world is to spend her summer days basking in the frangipani tree outside her owners home. She has been known to sit the entire day in the one spot, watching the world go by, and waiting patiently for dinner time.

## 3. Duffy, Sushi and Bobby

Marrickville resident and past employee of Cat Protection, Kim, shares her home with 3 cats. They all have very distinct personalities, and all keep her very busy. Residents of Marrickville may see Kim out on the street with any one of her cats, who all like to go for walks on a lead.



Was it love  
at first sight?

Was it those big,  
beautiful eyes?

Or was it the way  
she fit in the palm  
of your hand?



**All you know is, now she's yours.**

The first year of life is the most important in terms of development and growth for healthy pets. Hill's\* Science Diet\* Kitten formula is specifically developed to help promote strong bones and muscles, a healthy skin and coat as well as a healthy immune system with the Superior Antioxidant Formula<sup>1</sup>. Start them off right with the great taste and unsurpassed nutrition of Science Diet\* Kitten formula.



Available exclusively at premium pet food retailers RSPCA and veterinarians.  
For more information, visit [www.ScienceDiet.com.au](http://www.ScienceDiet.com.au)



**Worldwide No.1 Choice of Veterinarians<sup>†</sup>**

<sup>†</sup>Higher level of Vitamins E + C versus all leading brands. Excludes Science Diet<sup>®</sup> Hairball Control formulas.





# Ask the Cattery Manager

By Tara Dethridge Cattery Manager

**Q** I am a Cat Protection member and I am ashamed to say that my eighteen-year-old daughter was out shopping with friends recently and decided on impulse to purchase a kitten she had seen in a pet shop window. We are going to keep the kitten but I want my daughter to understand that she has acted irresponsibly. What points can you offer to help me do this?

*PENNY MOORE, ORANGE NSW.*

**A** Working at Cat Protection and seeing the countless number of unwanted cats and kittens has made me come to the conclusion that animals should not be allowed to be sold in pet shops at all. It never ceases to astound me that while thousands of animals are already homeless and dying in shelters every year, pet shops are selling animals for profit.

The animals are usually sourced from puppy and kitten mills or backyard breeders whose main interest is not the welfare of the animals but rather to make a profit. Prior to arriving at pet shops the animals are often housed in filthy conditions, confined to cages where they have hardly any room to move and used for breeding purposes over and over again until they are no longer of use and are euthanased. Many die prior to this point from uterine infections, poor nutrition, diseases and neglect. This occurs while at the same time over 130,000 unwanted dogs and 60,000 unwanted cats are already dying in pounds and shelters every year in NSW alone.

Another huge problem is that your average pet shops sell animals like a retail item. They are usually situated in shopping centres with baby animals displayed in glass boxes in the window. The animals are merchandised to attract the attention of passers by, their "cuteness factor" resulting in impulse purchases with no thought for the proper care, the long-term future or the financial costs involved in sharing your life with an animal. The staff are under pressure to sell the animals before they get "too big" because the adults are too hard to sell. Pups and kittens that grow to around 6 months of age are

deemed unsuitable for purchase and may end up at the local pound. There is a lot of pressure to get the animals out to any home or as a surprise gift be it suitable or not, before they get too old. This contributes greatly to unwanted animals being dumped.

The pet shop staff may not be trained or required to discuss the costs, time and effort involved in the proper care of the animal and many animals end up being given away or surrendered to welfare organisations. The impulsive nature of pet shop purchases means that for most people the novelty of their new pet wears off pretty quickly, usually when the responsibility involved becomes apparent and they are unable to cope with it.

I estimate that half of the cats who are surrendered to us came from a pet shop originally; many of them are females, often with their litters because the animal they bought was not desexed.

For more information there is an organisation called Say No to animals in pet shops, they have a very informative website [www.saynotoanimalsinpetshops.com](http://www.saynotoanimalsinpetshops.com), I thoroughly recommend that your daughter looks this site up and shows it to her friends.

I firmly believe that impulse buys are a major contributing factor to the already overwhelming problem we face with unwanted animals, and it isn't only dogs and cats that suffer, it's fish, birds and pocket pets such as rabbits, guinea pigs, rats and mice. I advise everyone to let their friends, family or anyone that they know who may be thinking of adopting a new furry family member to save a life at a shelter. Support shelters by boycotting pet shops, start a petition insisting pet shops no longer are allowed to sell live animals. You can then send it to:

**Director of Animal Codes of Practice.**

**Attention Ross Burton,**

**NSW Department of Primary Industry,**

**Locked bag 21, Orange, NSW 2800.**

**say NO to animals  
in pet shops**

# Cats 4 Kids

Find the names of the Cats waiting patiently for homes at the Cat Protection Society Adoption Centre.

## Cat Facts

- ✓ Cats can live happily indoors. This is important especially if you live near a busy road
- ✓ Cats can spend up to 18 hours a day dozing or sleeping.
- ✓ When a cat rubs up against your leg this is a cat 'hello'!
- ✓ Cats can't tell you when they are sick! You need to be on the lookout for signs. These can include not eating or drinking and acting very sleepy.
- ✓ Sometimes it's good to have 2 cats. They can keep each other company while you're away.
- ✓ Cats like to chew grass. If you keep your cat indoors you can grow special cat grass for it to munch on.
- ✓ Cats like milk. But don't give your cat the same milk as you drink. It can make them sick. 🐾



*"Can you find Simba's name amongst the letters?"*

## Find A Word

M	A	B	E	L		L	E	V	I
A		E	K	I	S	H	F		D
M	E	E	J	X		I	Z	W	P
S	I	T	I	M	T	A	M	D	A
E		L		T	I		A	B	R
L	Y	E	L	H	D	W	R	E	A
L	S	N	T	Y	Y	K	E	H	S
E	X	U	Z		Q	U	E	J	
C	B	T	E	F	W	H		I	Y
V		M	J	W	O	M	B	L	E

Mabel  
Mamselle  
Levi  
Beetlenut  
Womble  
Simba  
Paras  
Maree  
Tidy  
Milly

# Maree



## FACT SHEET

Name: ..... Maree  
Age: ..... 2 Years  
Sex: ..... Female  
Breed: ..... DSH  
Colour: ..... Tortie and White  
Preferred Environment: .. Inside only. Mable's pink nose will make her susceptible to sunburn and skin cancer.  
Comments: ..... Maree is a little pixie girl, she has a sweet nature and very much likes to be around people. Maree is quite confident and would be suited to a home with a low to medium level of activity where she will have lots of company but also have time and space to do her own thing.

Maree has not lived with children, other cats or dogs, she may be ok to do so but would probably prefer to live on her own.



**W**e had such good success finding a new home for Mabel after placing a piece on her in the last journal, that we are going to try our luck with another long standing resident of the Adoption Centre, Maree.....

## Marvellous Maree

Maree, has now been at Cat Protection for a year, and although she is quite happy spending her days in her favourite spot on top of the desk in the Adoption Centre, we would love to find her a new home.

## Reason for Surrender:

This is Maree's second time at CPS, she initially came in as a stray and was rehomed to an elderly lady, who unfortunately due to her own ill health has had to give Maree up.



Our Adoption Centre is open 7 days from 11 am-2.30 pm at:

**103 Enmore Rd, Newtown**

Give us a call before coming in and we can give you more details on Maree or any of the other beautiful cats and kittens we have for adoption.

# Fat Cats

**N**ot only is the human population getting fatter, so too are our feline friends. When our cats become overweight we need to look at why, how and WHO!!

Obesity is the most common nutritional disease of dogs and cats. It is an excess of body fats and is associated with many health problems. Obesity occurs in 20-30% of pet dogs and cats. It is most common in older animals and females<sup>1</sup>.

## *Am I Living with a Fat Cat?*

Your cat's ideal weight will be dependent on a number of variants, your vet is probably the best person to talk to about your individual cats ideal weight.

Most domestic cats should weigh below 5 kg.

Here is a rough guide to your cats weight status produced by Hills Science Diet:

- My cat's belly wobbles from side to side when he/she walks or runs
- I cannot feel my cat's ribs without applying a fair amount of pressure
- My cats is obsessed with food
- My cat is having difficulty reaching around to groom
- My cat is inactive most of the time
- My cat looks overweight
- I have had to loosen my cats' collar several times over the last year
- My cat is having difficulty getting through the cat door

(The brave can also replace "my cat" with your own name and see how you go; I unfortunately ticked all of them apart from the collar question)

If you ticked any of the above for your cat then it may be advisable to speak to your veterinarian about some options for reducing the weight of your feline friend.



## *What Causes a Cat to Get Fat?*

The idea that desexing an animal makes it fat is a myth. Any animal that is overfed (in relation to its energy requirements) will get fat. Desexing may slightly slow the animal's metabolism, as does aging, and your cat may be less active after desexing but this is simply remedied by giving less food.

A cat becomes overweight or obese for a number of reasons. The main is overfeeding by loving owners, but there are other factors too including genetic make up and level of activity.

These days good quality dry food diets contain more energy per mouthful than tinned foods or lesser quality dry foods. This means that we need to feed our cats less of these concentrated foods, but some of us don't do that.

## *Potential Problems with Fat Cats*

Typical problems associated with fat cats include diabetes, arthritis and a serious disorder called hepatic lipidosis. Further, there is an increased risk of heart and circulatory disorders, arthritis, diabetes, heat intolerance and skin disease. There are also cases that link fat cats with asthma, irritable bowel syndrome and pancreatitis.<sup>iii</sup>

# Fat Cats

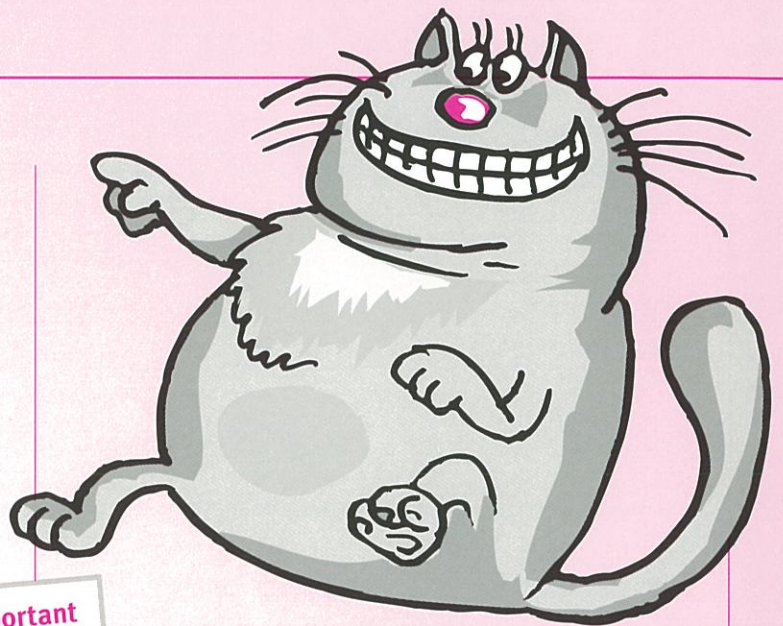
## Fat Cats

### How Do I Slim Down My Cat?

Well we all know the answer to this:

**Eat less and exercise more!!!**

Ok, so it is not as easy as it sounds, especially with the amount of time that cats are spending indoors and the inability to resist the desperate meows of our felines friends for more food. 🐾



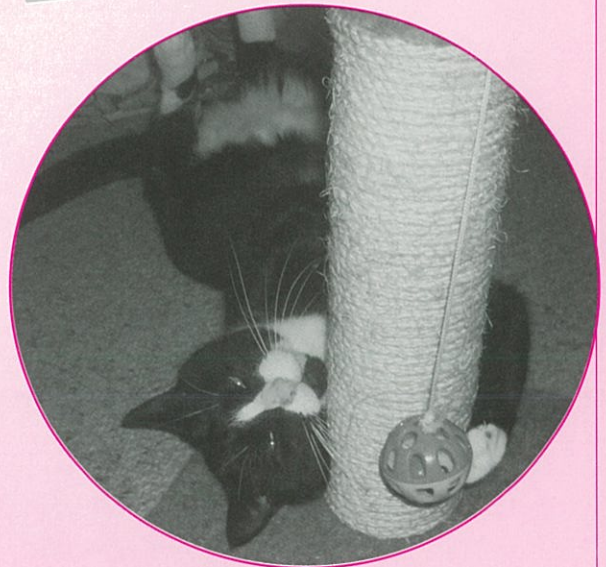
1. Talk to your veterinarian. It is very important to establish the ideal weight for each individual cat and work slowly towards it.

2. Slowly move to a low calorie, light or diet food. You need to be careful that reducing your cats fat intake does not lead to other health problems, so again this should be done in consultation with your vet. We use and recommend Hills Science Diet Light and there are also prescription diets available from your vet.

3. Change the feeding pattern of your cat. Do not allow unlimited access to food and try feeding 2-4 small meals a day.

4. Weight watchers for cats! Keep a weight diary with weekly or fortnightly weigh ins.

5. Try and set aside active play time, especially for indoor cats, to make sure that your cat is doing some exercise every day. Make sure exercise is fun! Cats can enjoy 'play hunting' toys to increase their exercise levels.



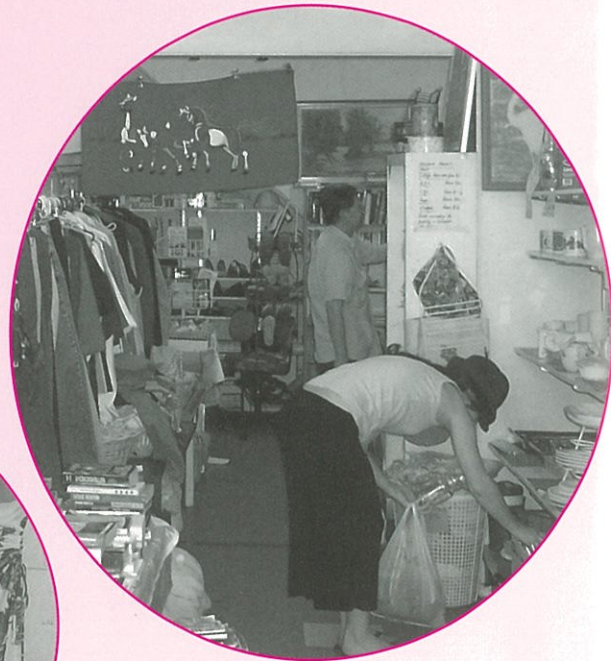
# Op-Shop Report

**T**hanks to our wonderful volunteers and donations of goods, the shop is earning more income for the Society than ever before.

Several supporters collect quality goods and send or bring them to the shop. Others make beautiful new items or go out of their way to price those collectable items that fetch higher prices or even sell special things elsewhere to maximise income. Our thanks go to these dedicated people. Thanks also to the many members who support the shop by buying goods.

In September the Op Shop participated for the first time in the local community festival Under The Blue Moon. As well as the usual Saturday hours, the shop remained trading until 8pm. We hope our participation in events like this will increase our profile in the community, leading to further business for the shop and, equally importantly, greater awareness and support for the Society's work.

If you would like to assist by volunteering some time please call the shop for details on **9516 2072** 📞



# Regular Donations & Sponsorships

If you would like to see this vital work continued, you can:

♥ **Become A Regular Donor** **Becoming a Regular Donor means that a regular donation, of a nominated amount of money, can be debited from your credit card on a regular or semi-regular basis.**

♥ **Regular Donors** **Receive an official letter and certificate certifying the donations; a yearly Thank You Letter; and update about how this money has been used and you will be listed in the Society's journal, Cat Affairs.**

***Become a regular donor.***

*We have had a good response to our regular donations program.*

The people who have been grateful enough to show their support for Cat Protection with regular monthly or bi-monthly donations are:

Ms P Argue	Miss F Davin	Miss S Gough	McDonald	Mr D Tisdell	L Cooper	J Michael
Mr M Austin	Ms B Dean	Ms D Keegan	Ms C Phelan	Miss B Wood	H Easdown	S Strizaker
Mrs L Cansdell	Mrs G Easton	Mrs J Ling	Miss D Pratt	D Athens	N Gray	A Zoric
	Mr G Farrands	Ms J	Miss C Scarra	S Broomfield	P Johnstone	

The ongoing generous support of these members will go a long way towards assisting the cats and kittens that come to us.



Please return to: **Cat Protection Society of NSW, 103 Enmore Rd, Newtown 2042**  
 phone 9519 7201 fax 9557 8052 website [www.catprotection.org.au](http://www.catprotection.org.au)

First Name: \_\_\_\_\_ Family Name: \_\_\_\_\_

Address: \_\_\_\_\_

Suburb: \_\_\_\_\_ Postcode: \_\_\_\_\_ E-mail: \_\_\_\_\_

Phone Day: \_\_\_\_\_ Phone Evening: \_\_\_\_\_ Date: \_\_\_\_\_

Type of Donation:  One-off Donation  Regular Donor Program

Payment Method for One-off Donation:

Payment Method:  Cheque/Money Order  Visa  Bankcard  Mastercard

Card No \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

Expiry Date \_\_ \_\_ / \_\_ \_\_ Name on Card \_\_\_\_\_

Cardholder's Name: \_\_\_\_\_ Cardholder's Signature: \_\_\_\_\_

**Payment Authorisation for Regular Donation:**

Credit Card Type:  Visa  Bankcard  Mastercard

Card No \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ Expiry Date \_\_ \_\_ / \_\_ \_\_

Amount of Regular Donation: \$ \_\_\_\_\_ Interval for Regular Donation: \_\_\_\_\_

Monthly (12 Payments per year)  Every Two Months (6 payments per year)  Quarterly (4 payments per year)

Duration of Regular Donation:  6 Months  1 Year  2 Years  Until further notice

I authorise the deduction of the above amounts from my bank as a donation to the Cat Protection Society of NSW

Signature: \_\_\_\_\_

Date: \_\_\_\_\_



# Book Review

## *"Do Animals Have Rights"*

BY ALISON HILLS

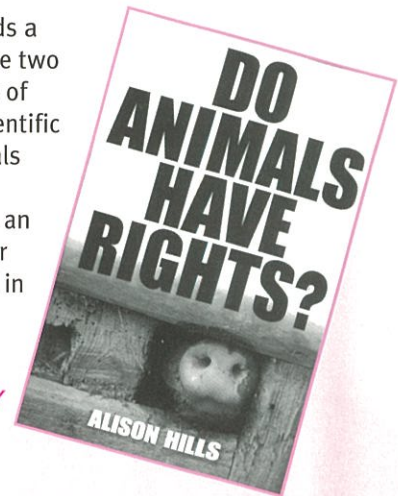
### Published by Icon Books,.

Alison Hills is a lecturer at the University of Bristol and studied Philosophy at Cambridge. In "Do Animal Have Rights" Alison introduces the complex issues of how we should treat animals, in a way that is accessible to all. Utilising examples from well-known literature as well as other common cultural references she is able to illustrate new ideas in a more informal format than can be found in other books on this topic.

"Do Animals Have Rights" begins by briefly outlining humanity's historical and social attitude towards animals. The differences and similarities between the human and the animal mind are discussed before exploring the rights of animals or their moral status.

In this book Alison treads a middle path between the two very opposing extremes of animal activists and scientific researchers. "Do Animals Have Rights" is not an intimidating read and is an excellent "first book" for those people interested in examining the value of animal life.

SASCHA PERRY



## Membership Form

The Cat Protection Society, 103 Enmore Road, Newtown, NSW 2042 Ph: 02 9557 1011

I apply for membership or renewal of membership of the Society for the year commencing June 2005.

All persons joining from January 2005 remain financial until June 2006.

**Subscription**     *Life Governor*    \$1,000.00     *Pensioner Membership*    \$15.00  
 Please tick     *Life Membership*    \$250.00     *Junior Membership*    \$10.00  
                    *Annual Membership*    \$20.00    (State Birthday) \_\_\_\_\_

Enclosed find a cheque/money order for membership \$ \_\_\_\_\_ + Donation of \$ \_\_\_\_\_ Total \$ \_\_\_\_\_

Please cross cheques and make payable to THE CAT PROTECTION SOCIETY OF NSW

Mr/Mrs/Ms/Miss Surname \_\_\_\_\_ First Name \_\_\_\_\_

Address \_\_\_\_\_

Suburb \_\_\_\_\_ State \_\_\_\_\_ Postcode \_\_\_\_\_

Contact Phone No. \_\_\_\_\_ Email \_\_\_\_\_

Date \_\_\_\_\_ Pension Number \_\_\_\_\_ Signature \_\_\_\_\_

### CHANGE OF ADDRESS INFORMATION

If you have changed address since becoming a member please complete this section.

Surname (Block letters) \_\_\_\_\_ First Name \_\_\_\_\_

New Address \_\_\_\_\_ Postcode \_\_\_\_\_

Old Address \_\_\_\_\_ Postcode \_\_\_\_\_



# Your Cats Life

## A Welfare Officer's Perspective

**Nerida Atkin** Welfare Officer



**B**eing a Welfare Officer at CPS I daily receive jobs concerning injured, lost and stray cats.

I am asked on most occasions what can the cat owner do to help stop this occurring again?

The answer is simple, **KEEP YOUR CATS INDOORS!!!!**

Many people argue about the life an indoors only cat leads but let me put it this way; if you owned a dog would you let it roam the streets? No you would keep it in a fenced yard. If you own a bird do you let it fly outside to return home when it wants? No, you would keep the bird enclosed in an aviary or fly inside the house. Why is there a different set of rules for cats then?

### Why keep cats inside?

Did you know the life span of an outside cat is on average only 5 years? The life span of an inside cat is up to 20yrs!!

Cats kill and injure hundreds of wild animals every year. Wildlife carers see many cases of badly injured wildlife that are the result of cat attacks every day.

Your cats health is put at risk every time it walks out of your house, stray cats can carry diseases, like Feline Aids and Chlamydia, that can be passed on to your cat. Catfights can also be harmful to your cat as abscesses from wounds can become infected and may become fatal. Unfortunately not everyone in the world is an animal lover and to me one of the most important reasons to keep your cat indoors is animal cruelty. I have sadly had to deal with a few cases of cats injured or worse killed by a cruel person. Animals cannot defend themselves against these people and can be horribly affected mentally when they recover from the injuries we can see.

Cars are a big killer of animals, we all see it as we walk or drive down a road. It's not the best feeling to walk out one day and see your much-loved pet dead from a hit and run.

### Keeping your cat happy indoors.

Just because you are keeping your cat indoors does not mean your cat will be unhappy. You might be amazed on how much the opposite is true! Cats have been domestic for 6000 years now so don't believe it when you are told "cats are hunters, they need to be outdoors."

A cat may turn back to its hunting instinct when left outside, but this urge to hunt things can be sated inside without a poor native animal having to be the prey.

Get toys for your cat, there are hundreds available, and many are rodent shaped so your cat can happily hunt them and kill them over again.

Make your home cat friendly; get scratching posts and cat climbers, hammocks and cat lounges. If you're worried about the look of your house build a cat enclosure outside.

By installing a cat door to the enclosure you can put the cat things out in the enclosure and your cat can come and go safely. Many different companies make mesh or wire enclosures so your cat can enjoy the outdoors without the hazards. You can also buy a harness and lead for your cat and walk it regularly outside if you're worried the cat needs time outside.

Many cats thrive on human attention and will become a lot more affectionate to you if kept inside where it will receive more love from you.

Finally remember to have your cat desexed and microchipped.

Desexing will stop your cat wanting to stray and find a mate, and if your cat does manage to escape having it microchipped means you may get it back a lot quicker (it is also illegal not to have your cat microchipped in NSW!!!)

Please help make my job a little easier and happier by keeping your cat inside.

PS: your cat will thank you!!!!!! 🐾

References; [www.littleshelter.com](http://www.littleshelter.com) [www.nationalparks.nsw.gov.au](http://www.nationalparks.nsw.gov.au)  
[www.awlqld.com.au](http://www.awlqld.com.au) [www.just4cats.com](http://www.just4cats.com)  
[www.catnip.com.au](http://www.catnip.com.au) [www.rspca.org.au](http://www.rspca.org.au)

# Summer Cats

**S**ummer is a time for both you and your pet to enjoy the warmer weather, but along with the fun, summer can also present problems that may endanger your pet. By taking precautions, you can decrease the chance of your cat(s) being at risk.

## Shelter/Bedding

If your cat is allowed outdoors please ensure there is some shady shelter and fresh cool water available to your pet at all times of the day no matter where the sun is in the sky.

## Holidays

If you cannot get someone to come to your house to feed your cat (the ideal situation from your cat's point of view) then ensure you only board him/her at a reputable cattery. If your cattery does not ask you to provide proof that your cat has a current vaccination, do not board your cat at such a place as you may expose your cat to non-vaccinated cats. It is a good idea to inspect any unfamiliar, potential boarding premises to ensure you are happy with the accommodation and conditions before you make a booking. Reputable catteries are happy for you to do this.

## Grooming

Cats tend to shed their winter coats in late Spring/early Summer and you may need to help your cat along in the grooming process by removing excess hair with a daily brush or by patting your cat all over with a slightly damp hand, removing excess fur. Pay particular attention to the cat's underline and tail. This grooming process will also help combat the formation of fur-balls.

## Hazards

**Fireworks:** Most pets are extremely frightened by fireworks. Ensure your cat is locked safely inside when you know fireworks are being staged. Whilst this may not stop him/her being scared, it will ensure they do not run off and become lost.

**Sunburn:** Pets can get sunburned too, and your pet may require sunscreen on his/her nose and ear tips if he/she has access to direct sunlight. Cats with light-coloured noses or light-coloured fur on their ears are particularly vulnerable to sunburn and skin cancer.

**Cars:** Don't leave any pets in parked cars for any period of time, ever. They can die from heatstroke in a matter of minutes on a warm day.

## Fleas

Fleas can be a major problem for cats, especially in Summer when fleas are most active. There are numerous products to choose from which will help eradicate fleas and sometimes an integrated flea control program may be necessary to ensure your feline stays flea-free (ie. you may need to treat your cat and flea bomb your house). Cats can also pick up internal parasites through fleas and by eating bugs and other creatures. Regular worming every three months will help keep these parasites to a minimum. At CPS we use "Advantage" as a very effective flea treatment.

## Ticks

There are many different types of ticks in Australia, but it is the paralysis tick which threaten cats with death. The paralysis tick is found primarily in coastal areas on the Australian east coast.

Ticks can attach themselves to their host (often cats or dogs) and suck blood - while doing this the tick releases a toxin into the host. Cats (or dogs) become ill very quickly and it is important that you seek veterinary assistance as soon as you find a tick or have a cat with any of the following symptoms, uncoordinated, muscle weakness, difficulty standing, difficulty breathing or swallowing, a change in voice or vomiting.

Examine your cat everyday using the "finger-crawl" technique. Run your hands over the cat feeling for ticks that have attached themselves rather than relying on sight. Don't forget to check under the collar, between paw pads and in the ears and mouth. Of course keeping your cat inside greatly reduces the chances of him/her coming in contact with fleas, ticks and bugs.

## Diet

Apart from the normal balanced diet your cat requires, in summer the main issue is water. Ensure he/she has access to plenty of cool, fresh water. Ensure your cat's water bowl is kept in a cool, shady spot and change bowls frequently (a couple of ice cubes are a good idea in the water bowl to really give some relief to your cat on a hot day). For extra insurance, keep a couple of water bowls around in case one should get knocked over or evaporate. Large, sturdy bowls are the ideal option. 🐾

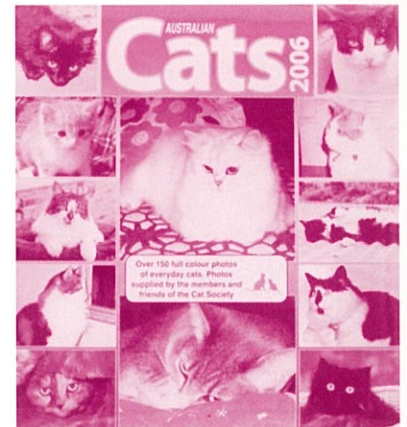
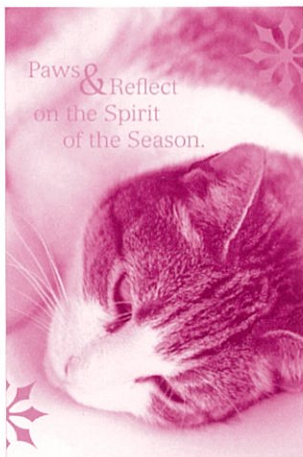
# The Cat Protection Society of NSW Christmas Promotion



	Price Inc GST	Postage per item	Qty	Total Cost
Cats Calendar 2006	\$11.95	\$3.00		
Cat Protection Christmas Cards (Pack of 10)	\$13.95	\$3.00		
Cat Protection Christmas Cards (Pack of 20)	\$25.95	\$3.50		
Cat Protection Christmas Cards (Pack of 30)	\$36.95	\$4.00		
Cat Protection Christmas Cards (Pack of 40)	\$48.95	\$4.50		

For any enquiries or for postage rates on larger orders please call Jasmin Cox on 9519 7201.

\$



Please return to: **Cat Protection Society of NSW, 103 Enmore Rd, Newtown 2042**  
 phone 9519 7201 fax 9557 8052 • e-mail info@catprotection.org.au • website www.catprotection.org.au

First Name: \_\_\_\_\_ Family Name: \_\_\_\_\_

Street Address: \_\_\_\_\_

Suburb: \_\_\_\_\_ Postcode: \_\_\_\_\_

Phone Day: \_\_\_\_\_ Date: \_\_\_\_\_

Total Merchandise: \$ \_\_\_\_\_ Christmas Donation: \$ \_\_\_\_\_ Total Cost: \$ \_\_\_\_\_

Payment Method:  Cheque/Money Order  Visa  Bankcard  Mastercard

Card No \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ Expiry Date \_\_\_\_ / \_\_\_\_

Name on Card \_\_\_\_\_ Cardholder's Signature: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_





cat protection society  
OF NSW



103 Enmore Rd Newtown 2042

Welfare Office

Ph 9519 7201 Fax: 95578052

Adoption Centre:

Ph 95574818

Website:

catprotection.org.au

E-mail:

info@catprotection.org.au

Opportunity Shop:

Ph 9516 2072