



Tasty treat ideas

HAIRBALLS

What you need:

- 250gms pistachios
- 400gms dates
- 100gms almonds
- 1 tbsp of cocoa powder
- ½ cup of warm water
- 1 cup of desiccated coconut



What to do:

- Roughly chop dates and nuts
- Place chopped dates and nuts into a food processor with cocoa powder
- Blitz until well combined and mixture forms a paste-like consistency
- Roll into balls about 2-3cm in size
- Dip balls lightly in warm water
- Roll balls into coconut and press gently so coconut coats the outside
- Place a plate and serve

ENJOY